

NORTH 8TH NEWSLETTER

Issue #1

November 2018

Mayors' Corner

Welcome to all for the 2018-19 season of fun in Sunny Arizona. Life is a little easier and more comfortable here, no snow or ice to contend with. I for one don't miss it at all. Things on the street are getting underway, fall bug spray is done, Wednesday club is going very well. Bean bags has now started and up and running at/or near 776 and all residents are welcome. There is a 25 cent fee that is used for a get together near the end of the season and maybe some doughnuts or other goodies at the games.

We are happy to have Ron and Josie Olson back with us after being gone for a year. Welcome back to Jerry and Chris Phelan at 892 who just arrived today.

We would like to welcome our newest neighbors to our street at 896 and 872. At 896 we have Mark & Diane Berman from Cochrane, Alberta, Canada and at 872 we have Ken and Marilyn Grunow from Pittsburg, Missouri. We hope that your time with us will be everything that you hoped for and more.

I have redone part of our site web page, I hope for the better. It will have this newsletter, pictures that we take at our activities, and a copy of the notes from the Mesa Regal Street Representatives meetings. The web page is located at http://www.buydarrell.50megs.com/index_1.html.

I will leave things posted there and you can see them anytime you want.

Calendar of Events 2018

November 22nd, 2018 - annual Thanksgiving buffet dinner celebration, **The Roma Cafe, at 5pm.** Reservations required in advance. Call Jean Streppa at 480-830-5252 with your name and number attending soon. Seating limited.

December 7, 2018 - FFNO (First Friday Night Out), reconvenes. Dinner at **Outback Restaurant on Clearview at 5 pm. Reservations required in advance.** Call Jean Streppa at 480- 830-5252 with your name and number attending. Hurry, seating is limited.

December 25, 2018 – Potluck Christmas dinner served on the street at 2pm, site # 887. More details to follow.

December 31, 2018 - New Years Eve celebration. Details forthcoming.

Note: Watch for the March 12, 2019 bug spray . A special thanks to Darrell Noah and Bill Tallyn for coordinating this event twice a season.

Annual Book Club will convene in January. Details forthcoming.

Cornelius Eugene “Con” Murphy

May 20, 1939 – April 20, 2018

I am sad to report the death of “Con” Murphy, April 20, 2018. “Con” passed away peacefully in Walla Walla, WA. He is survived by his wife, Rose Mary, son, Michael, daughter, Laurie, grandson, Nicholas, brother, Daniel, sister-in-law’s, Lennie and Joan Murphy and many nieces and nephews.

Following his retirement as Superintendent of Schools in College Place, Washington in 2001, he and Rose Mary came to Mesa, Az. where they both enjoyed winters on N. Eighth Street and spring training baseball games. He also enjoyed his Irish heritage – particularly, St. Patrick’s Day. He often dressed as the Leprechaun on that day, visiting elementary classrooms handing out “gold coins” to students he met along the way.

“Con” had a wonderful sense of humor and will be missed by all those who knew him.

* information for this obituary from the local paper in Walla Walla newspaper, April 2018.

Avoiding Portion Distortion by Jean Streppa

The annual holiday season is nearly upon us and with that the feasting will begin! “Watching your waistline”, as the saying goes, is extremely difficult at holiday time. Favorite foods, not to mention, the high

calorie count plus odd eating hours combined with frequent cocktail hours seem to be a part of the landscape at this time of year. So what is a person to do? HELP!!!

Here are some tips that may help, as you deal with the annual feasting frenzy. They are not new tips, but they are ones to keep in mind, as you dutifully try to monitor your caloric intake.

- * start with the nutritional information on food labels on all packaged foods; use of measuring cups and a food scale can help ensure you are ingesting the appropriate number of servings per item;
- * for non packaged foods use visual equivalents; a one 3-oz. serving of meat, fish or poultry is about the size of a deck of cards;
- * a serving of peanut butter or 2 tbsp. is about the size of a ping-pong ball;
- * one serving of fruit or salad is about the size of a baseball;
- * use smaller plates and bowls and try buying food in smaller quantities;
- * when at a restaurant, ask for a doggie bag for leftovers at the beginning of a meal;
- * lastly, split an entree with a friend.

Most of all, enjoy the season, along with the companionship of family and friends. Happy Holidays to all!

Inform. for this article from Johns Hopkins, Health After 50 newsletter, May 2013.

MESA REGAL STREET REP MEETING November 12, 2018

The meeting was called to order by Mary Ellen Parrot at 10 AM

Streets without representation: 1N, 3 central, 3 south, 4 central, 4 north, 7 Central, 8 central, 8 south, 9 north, 10 north, 12 central, 12 north, 15 central, 15 south, 16 central, 16 south, 17 central, 17 n, 17 south, 18 central 18 south, 18 north and 20 north.

Announcements:

- McDonalds beer and pop can tabs are collected at site 535
- Encourage all residents to sign up for the blog in the Activity Office by giving your email address. (Your email is not shared.) That is the best way to keep informed.

Resident concerns:

- Resident concern forms are available at meetings and need to be submitted before the first Monday of each month to be considered at Monthly meeting.
- Discussion was raised about whether to continue with the monthly Street Rep meetings. If discontinued, the Executive Board would still meet and address resident issues. Gloria's blog would keep residents informed. It was agreed that this was tabled until the December meeting, so we could receive more feedback and it could be discussed when there will be more in attendance.

Paul Mayo was not at meeting because of Veterans Lunch duties.

Gloria

- Improvements done over the summer:
 - Grill is managed by Cal-Am and is not under her responsibilities. She will mention that more servers are needed. Residents cannot bring food or drinks to the grill. This will jeopardize their liquor license.
 - Limited seal coating has been done, mostly at main complex.
 - Many more cameras have been installed throughout the park. The location of cameras will not be shared. Notice is given that cameras are in use.
 - Listing a park model or RV to be rented through Air B&B or VRBO or any similar service is strictly prohibited, constitutes using the premises for business or commercial purposes in violation with lease agreement, and is grounds for termination of tenancy. Home sites in the Resort must be owner occupied unless otherwise pre-approved, in writing by Landlord; as set forth in 2018-2019 Resort Guidelines Handbook, Page 12.
 - New Gates are being installed at Greenfield and University exits that will allow exit only. Once completed in the future, all residents will have to enter via the Main Street entrance at all times. Once implemented it will be announced.
 - Tree trimming is in progress.
 - Tree and stump removal is a pain staking process because it requires that the water lines be

repaired. There is a list of these trees and they will be dealt with. Be patient because this will take time.

- Dogs are allowed only on streets in the south that have paws at the corners. No retractable dog leashes are allowed. Leashes must be 6' or shorter.
- Sheds have been reduced to a very few. There is a track for remote cars being developed in the area where the sheds used to be at the north end of 3rd street.
- If storage is needed for street

decorations, see Gloria.

- All tennis and pickle ball courts are ready for use. Weather delayed its earlier operation.

Minutes from the March meeting were approved.

Old business: None

New Business:

The next Street Rep meeting will be December 10.

Meeting adjourned at 10:26

Respectfully submitted,

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